



Kurs & Events Høsten 2009

- 14-16. aug: BODYVIVE® grunnutdannelse, Oslo
5-6 sept: Kvartalsutdannelse Les Mills
12 sept: Supersaturday, Globen Stockholm: BODYBALANCE™, BODYVIVE®
19-20 sept: Certification Schwinn Cycling, Stavanger
26-27. sept: Mind & Body, Class Design, Oslo
10-11 okt: Target Heartrate, Cycling & Music, Tromsø
24.25. okt: Convention Bodø, BODYBALANCE™ , Schwinn Cycling: Copetition, High end endurance, Recovery
5-8. nov: Mastercamp Schwinn, Køln
13-15 nov: BODYBALANCE™ , grunnutdannelse, Oslo
21-22 nov: Target Heartrate & Nutrition, Schwinn Cycling
28-29. nov: Intervall & Stretching, Cycling & Music, Schwinn cycling, Stockholm
5-6. des: Kvartalsutdannelse Les Mills..11-13. des: BODYBALANCE™ grunnutdannelse, Stavanger